

Effective January 2, 2025

Time	Program	Teacher
Monday		
6:30 – 8:15 p.m.	Leadership Group	Roland Roemer
Tuesday		
4:45 – 5:45 p.m.	Children	Laurel Roemer
5:00 – 6:00 p.m.	Youth	Byron Holz/Andrew West
6:00 – 7:00 p.m.	Young Adult	Byron Holz/TJ Brown
6:00 – 7:00 p.m.	Adults	Jason Parker
7:00 – 8:00 p.m.	Adults	Jason Parker
Wednesday		
4:45 – 5:45 p.m.	Children	Laurel Roemer
5:45 – 6:45 p.m.	Adults	Geoff Tennent
5:45 – 6:45 p.m.	Youth	Byron Holz
6:45 – 8:30 p.m.	Leadership Group	Roland Roemer
Thursday		
4:45 – 5:45 p.m.	Children	Laurel Roemer
6:00 – 7:00 p.m.	Adults and Youth	Geoff Tennent/TJ Brown
7:00 – 8:00 p.m.	Adults	Geoff Tennent
Saturday		
10:00 – 11:00 a.m.	Adults	Cycle*
10:00 – 11:00 a.m.	Children	Laurel Roemer
11:00 a.m. – Noon	Adults	Cycle*
11:00 a.m. – Noon	Youth	Cycle**

* Byron, Jason, Geoff, Marc

** Byron, Jason, TJ